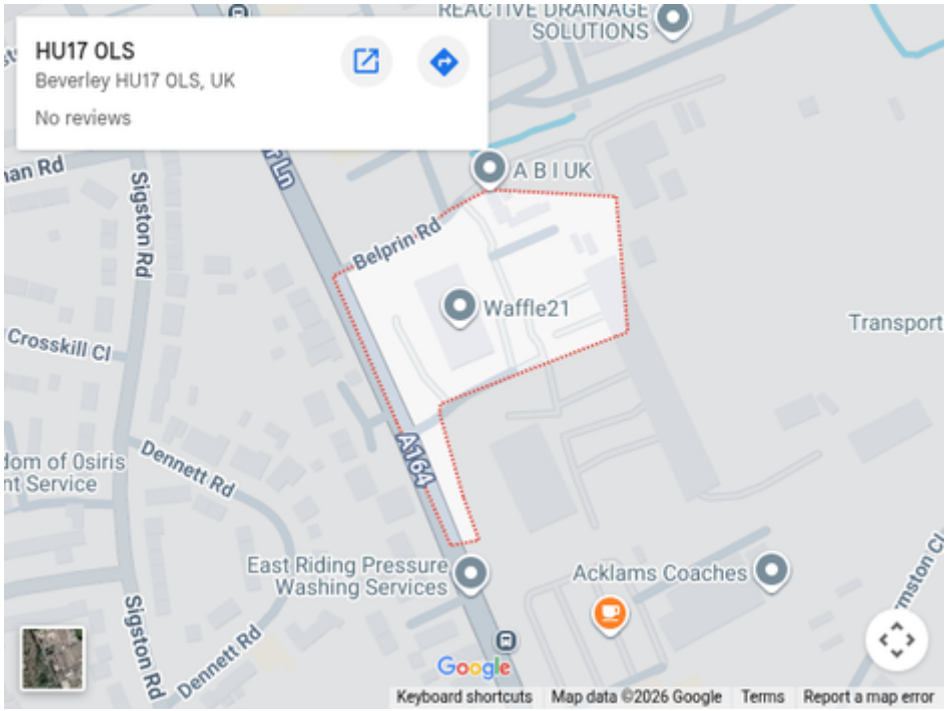
Arrival Instructions for Your In-Person Session

Somatic Wellness Hub
Room 114, 1st Floor
Waffle 21
Colonial House, Swinemoor Road
Beverley, HU17 0LS

1. Finding the Building





If you are approaching from the right
Turn into the entrance shown by the arrow.



If you are approaching from the left
The arrow shows the entrance to the car park.



If you miss the entrance, you can safely turn around further down the road.

2. Entering the Car Park & Parking

When you enter the car park there are two options.

Turn left or drive straight ahead

If you require disabled parking, continue straight ahead.



PLEASE NOTE



Don't be put off by all the signs

Free parking is available, but you are required to enter your car registration at reception.

Please park fully within a marked bay.

The car park is monitored and fines may be issued if cars are not parked correctly.

3. Car Parking

If you park in the car park on the left, walk along the side of the building.

This path leads directly to the reception entrance.



4. Reception - Main entrance

This is the main entrance to the building
There is step-free access with a permanent ramp





Reception

When you enter the building you will see the automated reception screen.

Please do two things:

- Enter your car registration number
- Tap the female concierge screen to let us know you have arrived

You do NOT need to speak to the screen.

You can manually find my name in the **People** section and type your name into the screen.

The system will then notify me by text that you have arrived.

The voice from the system can sometimes be a little loud.

What happens next

After using the screen, please take a seat in the waiting area.

You do not need to do anything else once you are seated.

I will come down to meet you at your appointment time and bring you to the therapy room.

If I am running a few minutes late, please remain seated and I will come shortly.

If you have any difficulty finding the building, you can call or message me on **07815 817642.**

What the space is like

The reception area is usually quiet, although occasionally other people may be waiting.

There is usually a radio playing in the reception area.

Lighting is standard office lighting.

If you need to use the toilet while you are waiting, they are located through the door next to the reception stand. This is also where the accessible toilet is located.

There is a lift to all floors.